

Rockcastle County

Family and Consumer Science



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

February 2023 Newsletter

What's Happening This Month?

Heart Mug Rug

February 8th
10 am

For each mug-rug please bring;
3 Coordinating 8in squares of
valentine fabric (NO LARGE PRINTS)
thread that matches the fabric,
8 in square of fusible web
and good fabric sissors

*Registration required by 2/7 @4pm

Water Marbling Workshops

February 9th
1 pm & 6 pm

FREE to any Rockcastle
resident
Recommended for age 13 and
older

*Registration Required by 2/6 @ 4 pm

Sit n' Sew

February 10th
10 am

FREE to any Rockcastle
resident
Bring your own project

*Registration required by 2/9 @ 4pm

Cook Together, Eat Together

Session Two

February 23rd
5:30 pm

Free for any member of a Rockcastle
homemakers club.

\$10 fee for non-members

*Registration REQUIRED by 2/20 at 4 pm

All events will be held at the Rockcastle County Extension Office
1050 West Main St. Mt. Vernon, KY



Coming This Spring

Food Preservation Workshops

April 18th: Pressure Canning- 6 pm

May 2nd: Freezing and Drying- 6 pm

May 16th: Jellies and Jams- 6 pm

FREE but registration is REQUIRED for the workshop series by April 14th at 4 pm. Call (606) 256-2403



Cast Iron Cooking

Indoor and Outdoor Use

**Tentative Dates

May 15th @ 6 pm

May 22nd @ 6 pm

FREE Classes- registration will open on April 10th



Hazel Jackson
Rockcastle FCS Agent



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service